

OUR SPA TREATMENTS

Every woman deserves special time to reconnect, relax and revitalise, so our unique and special collection of spas offers just that. Our treatment menu has been carefully curated to offer a balance of diverse wellness treatments from across the world. We incorporate traditional remedies alongside some of the most advanced spa technology and life improvement experiences to create the perfect harmony that is designed to make you look good and feel good.

Our spectacular Hammam is renowned for the finest Moroccan bath experiences in the region. Immerse yourself in a journey of well-being and relaxation gently infused with the aromas of exotic oils. Embark on a beautiful personal experience enhanced by luxurious products, unique therapies and an attentive service which will leave you feeling like a princess.

MOROCCAN HAMMAM SERVICES

MOROCCAN BATH

Begin this authentic body cleansing ceremony in the tranquil ambience of the hammam. Relax and unwind as the gentle heat softens your skin, preparing you for a body exfoliation with a ‹kese› mitt on our heated stone bed, followed by soap cleansing with handmade olive oil soap.

ROYAL MOROCCAN BATH

Relax in the heat and aromas prepare you for the traditional 'kese' mitt body polish and Moroccan soap massage. Savour the warm glow from the marble as your hair is shampooed and your scalp is massaged, followed by a moisturizing conditioner. Your body then is enveloped in a body mud to revitalise your complexion.

ROYAL MOROCCAN BATH WITH ARGAN OIL

This replenishing and super hydrating and softening hammam treatment utilizes an argan oil mask for hair and body, leaving you feeling renewed and relaxed in the splendor of the hammam as the heat and delicate aromas prepare you for the traditional kese mitt body polish massage. The ritual ends with an application of a purest argan oil mask to awaken the senses, improve hydration and smooth the appearance of the skin.

ROYAL MOROCCAN BATH WITH MUSK

Relive the majestic customs of a traditional Moroccan hammam with this deeply cleansing indulgent experience. Begin your journey of self-discovery with a 'kese' mitt exfoliation and olive soap cleansing. Drift away on ripples of endless bliss as you experience body musk. close your eyes and enjoy the nutrients from the musk that start to work their magic and revive your skin. You will be radiantly refreshed with a delicate perfume of the Orient.

DELCA MARRAKESH

This is an innovative, super hydrating, and detoxifying hammam treatment utilizing a blend of 6 herbal masks and traditional body mud, leaving you feeling renewed and relaxed in the splendor of the hammam as the heat and delicate aromas prepare you for the traditional kese mitt body polish massage. The ritual ends with the application of a mud mask to further improve hydration and the smooth appearance of the skin.



HERBAL SALT BATH

This authentic therapy utilising additional herbal mask which refines and adds extra nutrients to the skin, leaving it firm and toned. Based on traditional hammam sequence of exfoliation and Moroccan soap cleansing, the ritual finishes with a full-body mud mask to awaken the senses, benefiting body and mind.

MOROCCAN ZAFA

This traditional Moroccan bridal ritual is great way to celebrate and experience your own prewedding preparations. It includes traditional signing, bathing ritual followed by hammam and accompanied with traditional treats. This ritual can take up to 4 hours, depending on the type of the hammam treatment is chosen.

- Traditional Moroccan Bridal Celebration
- Royal Moroccan Bridal Celebration

SIGNATURE MOROCCAN BATH

Relax in the splendour of the traditional hammam as the heat and delicate aromas prepare you for traditional 'kese' mitt body polish and Moroccan soap. Immerse in your relaxation as your hair is shampooed and your scalp is massaged, followed by a moisturising conditioner. Your body then is enveloped in signature mud mask followed by lotion to revitalise your skin complexion.

KAHRAMAN BATH

Special Moroccan Bath with Pure Kahrman Products (Kahrman Salt, Kahrman Oil, Gold Lotion) To nourish and glow the skin.

FACIAL CERVICES

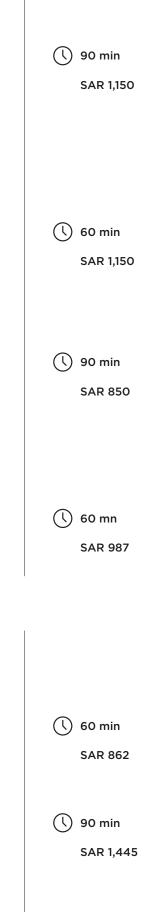
COLLAGEN ANTI-AGING

COLLAGEN ANTI-AGING FACIAL

This treatment attempts to slow the aging-process by working deep within the dermis layers, where collagen proteins can be found.

COLLAGEN & BRIGHTNESS

An anti-aging whitening and tightening serum with pearls and collagen extract.



COLLAGEN ANTI-AGING - OCEAN SECRET

To tightens skin pores, freshness, and vitality, and stimulate natural collagen in the skin, moisturize skin so it looks firmer and plumper

LIFTING RELAX FACIAL

This treatment combines a micro-needling procedure with topical serums and botox to deliver customized skin solutions deep into the epidermis, but not to the underlying muscle allowing the botox to tighten the skin but not to freeze the face.

GOLD MASK FACIAL

For Deep Lifting, Nourishing, and glowing of the Skin

SKIN VISION FACIAL

To regenerate the skin cells and prevent wrinkles and anti-aging of the skin.

WHITENING

To unify skin tone and give an attractive glow to the skin

SKIN SPECIFICS

OILY SKIN FACIAL

Offers deep cleansing with exfoliation, toning, deep cleansing mask and hydration. It helps remove excess oils, minimise the pores and makes the skin soft and clear.

DRY SKIN FACIAL

Using extra hydrating products including the facial mask, skin feels extra nourished and moisturised after the treatment.

SENSITIVE SKIN FACIAL

A treatment designed to improve your complexion, reduce inflammation and boost your skin's immunity.

OXYGEN FACIAL

This fast-acting facial replenishes the levels of oxygen in your skin whilst eliminating wrinkles and blemishes to restore a youthful appearance to your skin.

PRICES ARE INCLUSIVE OF VAT

J	90 min SAR 1,265
C	60 min SAR 1,615
U	75 min SAR 1,725
ß	60 min SAR 1,610
C	45 min SAR 920
J	60 min SAR 690
ß	60 min SAR 690
S	60 min
	SAR 690
0	SAR 690 60 min SAR 690

NONO TECHNOLOGY SKIN BY FRILL

SENSI SKIN BY FRILL

This treatment gently exfoliates, cools and calms your skin while maintain hydration and reducing redness.

DETOX PLATINUM BY FRILL

A treatment that merges cutting-edge moisturizer for dry skin with premium quality ingredients.

MESOJET TECHNOLOGY

MESOJET FACIAL

An advance aesthetic treatment that administers antioxidants and minerals directly into the skin through a powerful, non-invasive, and super fine stream of liquid seven-times smaller than the tiniest needle. It results in hydrated, tightened and rejuvenated facial skin.

ADD ON TREATMENTS

HYALURONIC ACID MASK

A mask that offers a rejuvenation hyaluronic acid which focuses on repair and the reversing the signs of aging.

COLLAGEN EYE FACIAL

These concentrated cooling eye-patches reduce the appearance of wrinkles, dark circles, dryness and eye bags. The collagen also increases skin elasticity.

EYE BRIGHTENING & SCULPTING

A treatment which softens lines and evens skin texture minimizing the visible signs of aging using gentle exfoliating AHA. Sculpting is a non-surgical treatment designed to lift the face.

	60 min SAR 850 60 min
	SAR 850
ſ	120 min SAR 990
C	30 min SAR 334
C	60 min SAR 403
()	45 min SAR 575

MASSAGES

HOT STONE MASSAGE

A gentle massage that helps relax and ease muscle tension, It involves the placing of smooth, heated stones on your body to promote relaxation.

VENTOSA MASSAGE

This massage is an ancient form of traditional therapy that uses cups with suction to stimulate the flow of energy in the body.

SWEDISH MASSAGE

Swedish massage is gentle treatment used to improve your circulation and promote relaxation by soothing your muscle by using soft kneading or long strokes and circular movements.

BALINESE MASSAGE

A full-body, deep-tissue holistic treatment combining gentle stretches, acupuncture, reflexology and aromatherapy to stimulate the flow of blood and oxygen bringing deep relaxation.

BAMBOO MASSAGE

This energizing body treatment uses natural bamboo and deep pressure to accentuate the massage effect and instantly relieve muscle tension.

PREGNANCY MASSAGE

Light pressure and soft pumping movements towards the lymph nodes reduces water retention promoting a gentle and relaxing massage.

KAHRAMAN MASSAGE

Exquisite fragrances stimulate the senses and reactivate the mind in this muscle relaxing massage.

THAI MASSAGE

Gentle pressure, yogic like stretching and positions release the whole body of stress and tension

LYMPHATIC MASSAGE

Lymphatic drainage massage, also known as manual lymphatic drainage, relieves swelling that happens when medical treatment or illness blocks your lymphatic system. Lymphatic drainage massage involves gently manipulating specific areas of your body to help lymph move to an area with working lymph vessels. (60 min SAR 575 60 min **SAR 460** (し) 60 min **SAR 518** (し) 60 min SAR 575 (い) 60 min **SAR 460** 75 min **SAR 633** 90 min **SAR 690** 60 min **SAR 460**

(し) 75 min

SAR 575

PRICES ARE INCLUSIVE OF VAT

REFLEXOLOGY (FOOT MASSAGE)

Massage therapy that uses gentle pressure on specific points along your feet (and possibly on your hands or ears as well) to help you feel better and relief the stress.

CANDLE MASSAGE

Melting warm candle wax combined with expert relaxing massage movements will leave you rejuvenated.

LAVA SHELL MASSAGE

Relaxing massage with heated shells also give off calcium ions, which transfers to your skin to firm and regenerate the skin.

WELLNESS MASSAGE

Every move of this massage is calming, soothing, relaxing, and aims to make you feel good

ANTI STRESS BACK MASSAGE

Anti-stress massage is one of the most effective methods of relieving stress and its effects and a supportive treatment to prevent stress-related problems in our body. This massage is performed with slow and rhythmic strokes to the head, neck, back

THALISENSE SPA JOURNEY

ORIENT, THE DETOXIFYING ITINERARY

This ritual frees your body of toxins and purifies. The treatment leaves you with a sublime soft skin texture and a feeling of peace and freedom.

AMAZON, ENERGIZING ESCAPE

Amazon is reminiscent of the lush jungle filled with mystery. This treatment is invigorating and ideal for regaining energy and a wonderful sense of ease with oneself.

POLYNESIA, RELAXING JOURNEY

Polynesia evokes calm transparent seas, sweet-scented flora, Monoi and sun-kissed bodies. The ambiance of these island of paradise is a temptation to take time for yourself to relax and indulge in renovating rituals.

()	30 min SAR 230
ß	75 min SAR 690
C	60 min SAR 575
ß	60 min SAR 460
C	45 min SAR 345
ß	120 min SAR 1,100
ß	120 min SAR 949
C	120 min SAR 949

BODY SOLUTIONS BY NUVOLA EXPERIENCE

INVIGORATING MARINE BODY WRAP

A wonderful treatment recommended for those who feel tired, stressed or tense after an intensive contouring or cellulite treatment. Using our awardwinning dry flotation Nuvola concept, the treatment starts with a body scrub, then an invigorating wrap in the flotation bed. This is followed by a full body massage on the unique seabed.

OLIGOMER SPA REPLENISHING SCRUB BODY MASSAGE

This session provides a unique sensory experience thanks to Oligomer, Phyotomer's legendary active marine ingredient and its amazing demineralizing and strengthening benefits. The head-to-toe exfoliating scrub and massage provide instant rejuvenation and ultimate relaxation.

TRÉSORS DES MERS PERSONALIZED ENERGIZING BODY MASSAGE

An invigorating and therapeutic massage performed using luxurious products that have the revitalizing benefits of seawater. The treatment starts with a float to relax your muscles so that our expert massage therapist can access the layers of tension and work deeper bringing excellent long lasting and energizing results to your body.

CALIFORNIAN WAVE RELAXING MASSAGE

This treatment employs the perfect combination of soothing flowing massage techniques to unlock muscle tension and provide complete relaxation. A float after the massage soothes sore muscles and helps draw out toxins released during the massage.





OUR NAIL TREATMENTS

It's amazing how beautiful nails can make a woman look and feel fabulous and confident. We understand this and that's why we've gathered the finest products and the most skilful nail technicians to make this happen.

Whether you need a classic manicure or pedicure, a new set of gels, some stunning nail art, or just a soothing and replenishing treatment, our nail technicians will offer you a wonderful experience every time. While you have your treatment, relax and unwind in our beautiful modern surroundings with a tea, coffee or refreshment of your choice.

SIGNATURE EXPERIENCES

SOFT TOUCH HAND & FEET TREATMENT (SENSITIVE)	
A relaxing and intensive manicure and pedicure treatment. Your treatment is enhanced with a relaxing head, neck and shoulder massage along with a pure collagen shot.	SAR 480
SOFT TOUCH HAND TREATMENT (SENSITIVE)	
A relaxing and intensive manicure treatment. Your treatment is enhanced with a relaxing head, neck and shoulder massage along with a pure collagen shot.	SAR 225
REPLENISHING HANDS AND FEET TREATMENT (HYDRATION)	
An intensive hand and foot treatment. As a part of the experience, enjoy a relaxing arm, neck and head massage, along with a collagen shot and a fresh smoothie.	SAR 550
REPLENISHING HAND TREATMENT (HYDRATION)	
An intensive hand treatment. As a part of the experience, enjoy a relaxing arm, neck and head massage, along with a collagen shot and a fresh smoothie.	SAR 250
REVITALIZING HANDS & FEET TREATMENT (AGE COMPLEX)	
Is an anti-wrinkle and reaffirming and prevents premature skin aging. Helps to recover a good skin condition.	SAR 580
REVITALIZING HAND TREATMENT (AGE COMPLEX)	
Is an anti-wrinkle and reaffirming and prevents premature skin aging. Helps to recover a good skin condition.	SAR 230
DETOX FOOT TREATMENT	
This treatment is to remove all the dead or dry skin to cleanse all over the leg and foot to detox and give a deep moisturizing effect that smooths your skin.	SAR 350
CLASSIC SERVICES	
CLASSIC MANICURE	
manicure is a beauty treatment of the hands. Your nails will be cut, filed, and shaped. You will then have your cuticles pushed back and tidied, and then enjoy a hand massage. The final step will be the painting of the nails with a colour of your choice.	SAR 98

CLASSIC PEDICURE

A rapid but effect pedicure that includes cuticle removal, nail shaping, exfoliation, moisturising and massaging completed with classic nail polish application.

MANICURE / PEDICURE (COMBO)

This treatment focuses on cuticle removal, nail shaping and nail polish application for hands and feet. It's accompanied by feet cleansing and exfoliation followed by a moisturising massage.

FRENCH MANICURE

French manicure is a pale pink, nude or sheer polish with a solid white tip. It can be done on natural nails.

FRENCH PEDICURE

French Pedicure is a pale pink, nude or sheer polish with a solid white tip. It can be done on natural nails.

FRENCH MANIICURE & PEDICURE (COMBO)

Classic Manicure / Pedicure. Your nails will be cut, filed, and shaped. You will then have your cuticles pushed back and tidied, and then enjoy a hand massage. The final step will be the appliying your Gel Nail Polish	SAR 370
GEL MANICURE & PEDICURE (COMBO)	
long-lasting gel polish with complete cleaning nails, foot exfoliation, moisturizing, and massaging completed	SAR 450
PEDIX	
A treatment that includes scrubbing, application of masque and removing of callus with wrapping for 10 mins, along with nail cleaning and relaxing foot massage.	SAR 280
CUT & SHAPE	
Professional cutting and filing of nails.	SAR 40
SHAPE & POLISH (HANDS OR FEET)	
Professional filing and classic nail color for hands or feet.	SAR 50
PRICES ARE INCLUSIVE OF VAT	SAN SU

SAR 178

SAR 276

SAR 165

SAR 220

PRICES ARE INCLUSIVE OF VAT

FINISHING TOUCHES

CLASSIC POLISH (HANDS OR FEET)	
Classic polish for hands or feet accompanied by base and top coat.	SAR 50
ESSIE GEL COUTURE (HANDS OR FEET)	
Application of Essie Gel Couture - Lasts longer than classic nail polish.	SAR 80
GEL POLISH (HANDS OR FEET)	
Gel varnish cured with LED light	SAR 150
FRENCH POLISH (HANDS OR FEET)	SAR ISU
Application of French tip using classic polish.	
OMBRE (HAND OR FEET)	SAR 65
French ombré using classic polish.	
	SAR 75

NAIL EXTENSIONS

ACRYLOVE GEL EXTENSIONS	
Application of durable and sculpting gel including cleansing and classic varnish application.	SAR 558
GEL REFILL (ACRYLOVE OR FIBER)	
Refill of nail growth with this hard polyacrylic gel.	SAR 230
FIBER GEL EXTENSIONS	
Helps maintain and improve nail strength and prevents nails breaking using soft gel.	SAR 558
OVERLAY (ACRYLOVE OR FIBER)	
Efficient overlay with soft gel including cleaning and classic varnish application.	SAR 230
REPAIR PER NAIL (ACRYLOVE OR FIBER)	
To repair the gel nail that has a either cracked or lifted	SAR 60
PARTY NAILS	
The perfect longer nails that are resistant to breakages. Party Nail Per Nail (Per Nail) - 3min SAR 35 Acrylove/fiber Gel (Per Nail) - 10min SAR 69	SAR 280
GEL REMOVAL	
GEL EXTENSION REMOVAL (ACRYLOVE OR FIBER)	1
Removal of gel nail extensions, along with classic cleaning.	SAR 250
GEL EXTENSION REMOVAL W/ CLEANING (FEET)	
Removal of gel nail extensions, along with classic cleaning.	SAR 345
GEL POLISH REMOVAL (HANDS OR FEET)	

Removal of Shellac gel polish, along with classic cleaning.

PRICES ARE INCLUSIVE OF VAT

SAR 75

NAIL ART (PER NAIL)

NAIL ART PER NAIL

Stunning nail art as per guest's request or nail technician's design.

SAR 20

ADD-ONS

FOOT MASSAGE	() 15 min
Relaxing foot massage incorporating half leg up to knee level.	SAR 145
FOOT MASSAGE Relaxing foot massage incorporating half leg up to knee level.	() 30 min SAR 230
HAND PARAFFIN	
Paraffin wax is applied to the hands. The wax is a natural emollient, helping make skin supple and soft. When applied to the skin, it adds moisture and continues to boost the moisture levels of the skin after the treatment is complete.	SAR 105
FOOT PARAFFIN	
Paraffin wax is applied to the feet. The wax is a natural emollient, helping make skin supple and soft. When applied to the skin, it adds moisture and continues to boost the moisture levels of the skin after the treatment is complete. HAND SCRUB	SAR 105
Exfoliates and removes dead skin cells, leaving you with radiant looking skin	SAR 40
FOOT SCRUB & FILE	
Foot filing is to remove the dead skin from your feet and to exfoliate the skin to remove the dry skin.	SAR 80
FOOT PARAFFIN Paraffin wax is applied to the feet. The wax is a natural emollient, helping make skin supple and soft. When applied to the skin, it adds moisture and continues to boost the moisture levels of the skin after the treatment is complete. HAND SCRUB Exfoliates and removes dead skin cells, leaving you with radiant looking skin FOOT SCRUB & FILE Foot filing is to remove the dead skin from your feet and to exfoliate the	SAR 40